

SEPTEMBER/OCTOBER/NOVEMBER 2025

RYE BROOK SENIORS REGISTRATION FORM

PLEASE FILL OUT COMPLETELY

Name: _____ Date: _____

LUNCH PROGRAM

Place an X in the boxes below for the days you are purchasing a lunch. See monthly menu for details.

Monday	Tuesday	Wednesday	Thursday	Friday	# of Lunches
9/1 Holiday Center Closed	9/2 Opening Day Party	9/3	9/4	9/5	
9/8	9/9	9/10	9/11	9/12	
9/15	9/16	9/17	9/18	9/19	
9/22	9/23	9/24	9/25	9/26	
9/29	9/30	10/1	10/2	10/3	
10/6	10/7	10/8	10/9	10/10 Card Party Day	
10/13 Holiday Center Closed	10/14	10/15	10/16	10/17	
10/20	10/21	10/22	10/23	10/24	
10/27	10/28	10/29	10/30 Halloween Lunch	10/31	
11/3	11/4	11/5	11/6 Veteran's Day Lunch	11/7	
11/10	11/11 Holiday Center Closed	11/12	11/13	11/14	
11/17	11/18	11/19	11/20 Thanksgiving Lunch	11/21	
11/24	11/25	11/26	11/27 Holiday Center Closed	11/28 Holiday Center Closed	
Lunches Resident - \$5.00 Non-Resident \$10.00				Total # Lunches	
NOTE: You must sign up in advance and pay for ALL lunches.				\$ Amount Due:	\$
Deadline to sign up for lunch is by Noon Friday for the following week!					

All lunches must be picked up by 12:30 p.m. NO EXCEPTIONS.

FITNESS CLASS SESSIONS

MUST SIGN UP FOR ENTIRE SESSION NO WALK INS	Dates MUST PAY FOR FULL SESSIONS	AMOUNT DUE
Monday Chair Yoga 9:00 am Limit 15	September 8,15,22,29 (Session 1) October 6, 20 (Session 2) November 3,10,17,24(Session 3)	4 Classes \$24 2 Classes \$12 4 Classes \$24
Monday Zumba Gold 10:10 am Limit 25	September 8,15,22,29 (Session 1) October 6, 20, 27 (Session 2) November 3,10,17,24(Session 3)	4 Classes \$24 3 Classes \$18 4 Classes \$24
Monday Tai Chi 1:00 pm	September 8,15,22,29 (Session 1) October 6, 20, 27 (Session 2) November 3,10,17,24(Session 3)	4 Classes \$24 3 Classes \$18 4 Classes \$24
Wednesday Tai Chi 1:00 pm	September 3,10,17,24 (Session 1) October 1,8,15,22,29 (Session 2) November 5,12,19,26 (Session 3)	4 Classes \$24 5 Classes \$30 4 Classes \$24
Friday Floor Yoga 9:00 am Limit 15	September 5,12,19,26 (Session 1) October 3, 24,31(Session 2) November 7,14,21 (Session 3)	4 classes \$24 3 Classes \$18 3 Classes \$18
Friday Chair Yoga 10:15 am Limit 15	September 5,12,19,26 (Session 1) October 3,17,24,31(Session 2) November 7,14,21 (Session 3)	4 classes \$24 4 Classes \$24 3 Classes \$18

TRIPS & SPECIAL EVENTS

TRIP	DATE	FEE	PAYMENT
Pride of the Hudson WAITLIST	9/3/25	\$35	
City Island	9/10/25	\$4	
Hadestown on Broadway, NYC WAITLIST	9/17/25	\$100	
Lawrence Farms Apple Picking	9/24/25	\$17	
Walmart & Cracker Barrel	10/1/25	\$4	
Titanic The Artifact Exhibition & Lunch WAITLIST	10/8/25	\$38.50	
Jagged Little Pill, WPAC, White Plains	10/9/25	\$59.00	
Mamma Mia, Broadway, NYC	10/15/25	\$80	
Culinary Institute (CIA) Lunch & Experience WAITLIST	10/22/15	\$72	
Empire Casino	10/29/25	\$4	
International Dining Club – Silvio's, Hawthorne	11/5/25	\$30	
Lunch, Shop & Stroll, Ridgefield, CT	11/12/25	\$4	
DeCicco's & Sons Sleepy Hollow & Lunch on your own	11/19/25	\$4	
Empire Casino	11/26/25	\$4	
Finding Neverland, WPAC, White Plains	12/17/25	\$59	
Catch Me If You Can, WPAC, White Plains	4/16/26	\$59	
Hunterdon Hills: Some Enchanted Evening	5/6/26	\$84	

EVENTS	DATES & TIME	FEE	ATTENDING
911 Remembrance Ceremony	9/11/25 @ 1:30	FREE	
Author Talk/Book Signing w/Amy Ahlert	9/12/25 @ 2pm	FREE	
Lecture w/Toni McKeen: The Extraordinary Life of Dr. Ruth	11/7/25 @ 12:30 pm	FREE	
Homemade Apple Pie Class	9/26/25 @12:30 pm	\$12	
Music Education w/Amy Ahlert: "The Great American Song Book, The Writers, The Artists, Then and Now."	10/7, 10/14, 10/21 & 10/28 @12:30 pm	FREE	
Card Party & Basket Raffle	10/10/25 @12 Noon	\$10 res/\$15 non res	
Health Talk: Brain Stimulation	10/16/25 @ 12:30	FREE	
Holiday Lunch at Zody's 19 th Hole	12/5/25	\$48	

QUILLING CLASSES ARE FREE BUT MUST SIGN UP FOR EACH PROJECT

See attached flyer for projects (Limit 10)

Project Date	Place an X	Project Date	Place an X	Project Date	Place an X
9/4/25		10/2/25		11/6/25	
9/11/25		10/9/25		11/13/25	
9/18/25		10/16/25		11/20/25	
9/25/25		10/30/25			

ANNUAL MEMBERSHIP FEE

RYE BROOK RESIDENT \$20		NON-RESIDENT \$40	
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Cash \$:	Check #:	Check \$:	Processed By:
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SIGN UP AND REFUND POLICY

Priority given to dues paying members. Free Classes are only for paid members.
Must sign up and pay in advance. Refunds not guaranteed. No Credits allowed.